

March



2023

Winchester Glen Retirement Community – Event Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Note: Please sign up for any activities with an * beside them on the calendar. Also, please sign up in the mail room for all bus trips as well.</p>			<p>10:00-11:00 Market Open 1 11:00-Mini Weights/Arm Exercises with Deepanjali (FR) 1:30- Winchester Glen's 1st Anniversary: Musical Entertainment by Dr.J (SL) 7:00- Winchester Glen's 1st Anniversary Party with Hor d'Oeuvres, Cocktails and Pianist (SL)</p>	<p>2 10:30-Falls Prevention Exercise (FR) 1:00 – Homemade Dog Biscuits for Puppy Day (AR) 3:30- Artfull Talks Program "Landscapes and Architecture" (TH)</p>	<p>3 10:30- Indoor Walking Club (LY) 2:30- LEV Senior Living Launch Party (TH) 3:30- Scattergories (SL)</p>	<p>4 10:30- Coffee and News with Ashley (B) 2:00- Billiards (SL) 6:30 – TV Series: <i>A Very British Scandal</i> (TH)</p>
<p>5 10:00-11:00- Market Open 10:30- Morning Stretching with Ashley (FR) 2:00pm – Movie Matinee: <i>Being the Ricardos</i> (TH)</p>	<p>6 10:30-Falls Prevention Exercise (FR) 2:30- Euchre (Resident led) (SL)</p>	<p>7 10:30-Coffee Club (B) 2:00- Manicures (SL) 3:30- "Lucky 7 Dice Game" (SL)</p>	<p>8 10:00-11:00 Market Open International Women's Day! 10:30- Women's Mimosas Brunch (SL)* 1:00- Taste the Holi Drink Game (SL) 2:30 –Respiratory Education Seminar (Breathing exercises, COPD education, asthma etc.) (TH)</p>	<p>9 10:30-Falls Prevention Exercise (FR) 10:30- Kings in the Corner (LB) 1-3- Deegan Hearing Clinic (LY) 2:00- Jeopardy (TH) 3:30- St Patrick's Day DIY Gnome- AR (Sign up required for supplies purposes)*</p>	<p>10 10:30-Indoor Walking Club (LY) 2:00- "Loonie Bingo"- Bring 4 loonies (SL) 3:30- Photography Slideshow Presentation by Oshawa Camera Club (TH)</p>	<p>11 Find the 3 leaf & 4 leaf clovers around Winchester Glen 2:00- Cribbage/cards- concierge to set up (SL) 2:00- Art Class (Hy) (Sign up Required)* 6:30 – TV Series: <i>A Very British Scandal</i> (TH)</p>
<p>12 10:00-11:00- Market Open 2:00pm- Movie Matinee: <i>Kings Speech</i> (TH)</p>	<p>13 10:30-Falls Prevention Exercise (F) 10:30- Name that Tune (B) 2:00- Outing- Walmart (sign up required) *</p>	<p>14 10:30- Coffee Club (B) 2:00- Card Bingo (\$3) (SL) 3:30-Floor Curling (SL)</p>	<p>15 10:00-11:00 Market Open 11:00-Exercise with Deepanjali (FR) 1:00 Brain Break with Deepanjali (AR) 2:30- St Patrick's Day Minute to Win it Games (SL)</p>	<p>16 10:30-Falls Prevention Exercise (FR) 2:00- Right, Left, Centre Game- Bring your quarters (SL) 3:30- Irish Beer Tasting Social (SL)</p>	<p>St.Patrick's Day 17 10:30- Irish Dance Performance (SL) 2:00- "Loonie" Bingo- Bring 4 loonies (SL) 3:30- Truth or Blarney (SL) 6:30- St. Patrick's Day Party with Musical Entertainment featuring Brian Gordon (SL)</p>	<p>18 2:00 – Billiards (SL) 2:00- Crafts (Hy) (Sign up Required)* 6:30 – TV Series: <i>A Very British Scandal</i> - (TH)</p>
<p>19 10:00-11:00- Market Open 2:00pm- Movie Matinee: <i>Little Miss Sunshine</i> (TH)</p>	<p>20 10:30-Falls Prevention Exercise (FR) 11:00- Outing- Darts and Lunch at Thornton Arms (Sign up required) * 3:00- Reiki Guided Meditation (Virtual) (TH)</p>	<p>21 10:30-Coffee Club (B) 2:00-Manicures (SL) 3:30- Paper Dress Making Competition (Paper Dress Day was March 18th) (SL)</p>	<p>22 10:00-11:00 Market Open 11:00-Balance Training with Deepanjali (FR) 1:00- As Young as You Feel with Deepanjali (TH) 2:30- Paint & Sip with Ashley (Sign up required)*</p>	<p>23 8:30 Breakfast Club (AR)* 10:30-Falls Prevention Exercise (FR) 2:00- Fraud Presentation by Durham Regional Police (TH)</p>	<p>24 10:30 – Indoor Walking Club (LY) 1:00- "Loonie" Bingo- Bring 4 loonies (AR) 2:30- Resident Town Hall & Food Committee Meeting- All Resident's Welcome! (TH)</p>	<p>25 2:00 - Euchre (SL) 6:30 – TV Series: <i>A Very British Scandal</i> - (TH)</p>
<p>26 10:00-11:00- Market Open 1:00- Book Club (LB) 2:00pm-Movie Matinee: <i>Joy</i> (TH)</p>	<p>27 10:30-Falls Prevention Exercise (FR) 10:30- Word in a Word Game (LY) Outing- Afternoon movie: Moving On (Sign up required) * Will add movie time to sign up sheet once the times are available to the public.</p>	<p>28 10:30-Coffee Club (B) 2:00- Card Bingo (\$3) (SL) 3:30- Floor Curling (SL)</p>	<p>29 10:00-11:00 Market Open 11:00 Mini Weights/Arm Exercises with 1:00- Pool Tournament (Sign up required)* (SL) 3:30- Wordle (TH)</p>	<p>30 10:30- Falls Prevention Exercise (FR) 10:30- Friendly Euchre (LB) 2:00- Bocce Ball (SL) 3:00- Reflexology Presentation by Stephanie (TH)</p>	<p>31 10:30 Indoor Walking Club (LY) 2:00 "Loonie" Bingo- Bring 4 loonies (SL) 3:30- Cup Pong (SL)</p>	<p>Location Key (B) Bistro (FR) Fitness Room (SL) Second Floor Lounge (LB) Library (LY) Lobby (Hy) Hobby Room</p>