














September 2023

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|--|--|--|---|--|
| <p>B– Bistro L– Library AR– Activity Room LY– Lobby CY– Courtyard</p> <p>TH– Theatre HY– Hobby Room SL– Second Floor Lounge FR– Fitness Room</p> | | | | | 1 | 2 |
| | | | | | <p>2:15– ReMastered: Tricky Dick & the Man in Black Documentary (TH) 3:30– Euchre (Resident Led) (SL)</p> | <p>2:00– Billiards (SL) 6:30– TV Series: Seeing Canada Season 1 Episode 5 (TH)</p> |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| <p>11:00– Streamed Sunday Catholic Mass (TH) 2:00– Movie Matinee: <i>The Beverly Hillbillies</i> (TH)</p>  | <p>Happy Labour Day! Pick up an activity package at the front desk.</p> | <p>10:00– OUTING– Walmart (sign up required)* 2:15– Card Bingo (\$3) (SL) 3:30– Floor Curling (SL)</p>  | <p>10:30– Balance & Coordination Exercise (FR) 2:15– Calendar Planning Meeting: All Residents Welcome (AR) 3:30– Left, Right, Centre Game– Bring your Quarters (SL)</p>  | <p>10:30– Falls Prevention Exercise (FR) 11:00– Hand Wax Therapy (HY) 2:00– The Price Was Right– 1960’s Game (SL) 3:00– Happy Hour with Musical Entertainment featuring Terry Maxwell (SL)</p>  | <p>8:30– Breakfast Club (AR) 10:30– Strength & Conditioning Exercise (FR) 2:15– “Loonie” Bingo– Bring 4 loonies (AR) 7:00– Euchre (Resident Led) (SL)</p>  | <p>2:00– Residents Choice Card Games (SL) 6:30– TV Series: Seeing Canada Season 1 Episode 6 (TH)</p>  |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| <p>11:00– Streamed Sunday Catholic Mass (TH) 2:00– Movie Matinee: <i>The Maiden Heist</i> (TH)</p>  | <p>10:30– Falls Prevention Exercise (FR) 9:30– OUTING– Pickering Casino (Sign up required)* 2:15– Hand Wax Therapy (HY) 3:30– Can you Identify these Classic Movie Scenes? (TH)</p> | <p>National Video Game Day! 10:30– Coffee Club (B) 2:15– Manicures (SL) 3:30– Wii Video Game Tournament (TH)</p>  | <p>10:30– Balance & Coordination Exercise (FR) 2:15– Lotto 649 Game *NEW* (AR) 3:30– DIY Apple Stamped Tote Bag (Sign up required: Supplies Purposes) (AR) 7:00– Sequence (SL)</p> | <p>10:30– Falls Prevention Exercise (FR) 2:00– Brain Health Presentation by the Alzheimer’s Society of Durham Region (TH) 3:30– Happy Hour with Musical Entertainment featuring Rick Rene (SL)</p>  | <p>10:30– Strength & Conditioning Exercise (FR) 2:15– “Loonie” Bingo– Bring 4 loonies (AR) 3:30– Apple Cider Donuts and Apple Cider Social (SL) 7:00– Euchre (Resident Led) (SL)</p>  | <p>2:00– Billiards (SL) 6:30– TV Series: Seeing Canada Season 2 Episode 1 (TH)</p>  |

More on Reverse >

September 2023

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|---|---|---|---|---|
| <p>17</p> <p>11:00– Streamed Sunday Catholic Mass (TH)</p> <p>2:00– Movie Matinee: <i>Thirteen Lives</i> (TH)</p> | <p>18</p> <p>10:30– Falls Prevention Exercise (FR)</p> <p>11:00-4:00– Nelly Shoe’s Vendor (LY)</p> <p>11:00– End of Summer Shindig Bon Fire, BBQ, Corn Roast, & Entertainment at Sara’s (Sign up required)*</p> <p>*There will be multiple trips with the van for residents to Sara’s*</p> | <p>19</p> <p>10:30– Coffee Club (B)</p> <p>11:45– OUTING– Lunch at Stanley’s Fish & Chips (Sign up required)*</p> <p>3:30– Card Bingo (\$3) (SL)</p>  | <p>20</p> <p>10:30– Balance & Coordination Exercise (FR)</p> <p>2:00– Mad Libs Game *NEW* (SL)</p> <p>3:00– September Birthday Party with Musical Entertainment with Monica & Robert (SL)</p> <p>7:00– Left, Right, Centre Game– Bring your quarters (SL)</p>  | <p>21</p> <p>10:30– Falls Prevention Exercise (FR)</p> <p>2:15– Fall-ing for Trivia (SL)</p> <p>3:30– Floor Curling (SL)</p>  | <p>22</p> <p>10:30– Strength & Conditioning Exercise (FR)</p> <p>2:30– Resident Town Hall & Food Committee Meeting– All residents Welcome! (TH)</p> <p>3:35– “Loonie” Bingo– Bring 4 loonies (AR)</p> <p>7:00– Euchre (Resident Led) (SL)</p>  | <p>23</p> <p>2:00– Movie Matinee: <i>Avatar: The way of the Water (First Half)</i> (TH)</p> <p>6:30– TV Series: Seeing Canada Season 2 Episode 2 (TH)</p> |
| <p>24</p> <p>11:00– Streamed Sunday Catholic Mass (TH)</p> <p>2:00– Movie Matinee: <i>Avatar: The Way of the Water (Second Half)</i> (TH)</p> | <p>25</p> <p>10:30– Falls Prevention Exercise (FR)</p> <p>11:00– OUTING– Bingo at Red Barn (Sign up required)*</p> <p>2:15– Manicures (SL)</p> <p>2:45– Chair Zumba (FR)</p> <p>3:30– Euchre (SL)</p>  | <p>26</p> <p>10:30– OUTING– Willow Springs Winery: Wine Tasting</p> <p>10:30– Coffee Club (B)</p> <p>2:15– Your Next Step Discussion Group with Sheila R *NEW* (AR)</p> <p>3:30– Billiards and Refreshments (SL)</p>  | <p>27</p> <p>10:30– Balance & Coordination Exercise (FR)</p> <p>2:15- Embark on Virtual Adventures Worldwide: Oktoberfest Munich, Germany (TH)</p> <p>3:30– Paint & Sip (AR)</p> <p>7:00– Yahtzee (SL)</p>  | <p>28</p> <p>10:30– Falls Prevention Exercise (FR)</p> <p>11:00– Hand Wax Therapy (HY)</p> <p>11:00-2:00– Bling it on Vendor (LB)</p> <p>2:00– UNO Card Game (SL)</p> <p>3:00– Oktoberfest Party with Musical Entertainment by Janette D. (SL)</p>  | <p>29</p> <p>10:30– Strength & Conditioning Exercise (FR)</p> <p>2:15– “Loonie” Bingo– Bring 4 loonies (AR)</p> <p>3:30– Apple Pie Baking Contest Judging Social: Apple pie, tea & coffee will be served (SL)</p> <p>7:00– Euchre (Resident Led) (SL)</p> | <p>30</p> <p>2:00– Book Club (L)</p> <p>6:30– TV Series: Seeing Canada Season 2 Episode 3 (TH)</p>  |

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GROUP OUTINGS ARE LIMITED, SIGN UP REQUIRED.

Please sign up for any activities with an *. The sign up binder is in the mail room.