





MONTHLY CALENDAR - November 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			9:30 Falls Prevention Exercises (ER) 10:30 News and Views (B) 2:30 Canadian Trivia (SL) 3:00 Nail art and Hand Massage (Salon) 7:30 Movie & Nachos/ Butter Popcorn: <i>Audrey Hepburn</i> Bring \$2 for Nachos/Popcorn	10:30 Exercises with Sahil (AR) 11:15 News and Views (B) 2:30 Travelogue to Ecuador (T) Loonie Bingo (AR) (Please bring \$4) 4:00 Pool and Snacks (SL)	9:30 Falls Prevention Exercises (ER) 10:30 Fresh muffins baking with Siya and Khadija (S) 2:30 Guess the Song (SL) 3:00 Happy Hour with Sahil (SL) Bring \$3 for 1 Alcoholic Drink 7:00 Rust Valley Restorers Series- Episode 1 (T)	11:00 Playing Pool (SL) 3:00 Suzie Q sing along virtual (T) 7:00 Euchre/ Card Games (SL) 
			1	2	3	4
11:00 Online Church Service (T) 4:00 Netflix Series 2: Lupin- Episode 1 (T) 8:00 Toast and Tea with Concierge in Bistro	10:30 Exercises with Sahil (AR) 11:15 Morning Trivia (B) 2:00 Oral health Presentation (AR) 3:00 BUS TRIP: Scenic Drive (Sign up required) 4:00 Pool (SL)	10:30 Drumming with Dan (PR) 11:15 News and Views (B) 1:00 Bus Trip: ROYAL AGRICULTURAL WINTER FAIR <i>(sign up and cost required)</i> 4:00 <i>Documentary: Dolly Parton- A musical tribute (T)</i>	9:30 Falls prevention Exercises (ER) 10:30 Smiling Presentation (T) 2:30 Book Club (AR) 3:00 Loonie Bingo (AR) (Please bring \$4) 7:00 Movie & Nachos/ Butter Popcorn: <i>The Little Princess</i> Bring \$2 for Nachos/Popcorn	10:30 Exercises with Sahil (ER) 11:15 News and Views (B) 2:30 Activity Calendar Planning Meeting with Sahil (T) 4:00 Remembrance Day Craft (SL)	9:30 Falls Prevention Exercises (ER) 10:30 Hand Massages (S) 2:30 Ladder-ball (SL) 3:00 Happy Hour with Joe Bring \$3 for 1 Alcoholic Drink 7:00 Rust Valley Restorers Series- Episode 2 (T) Wear Red Today!	11:00 Table Tennis (AR) 10:30 Remembrance Day Ceremony (T) 7:00 Euchre/ Card Games (SL) 
5	6	7	8	9	10	11
11:00 Online Church Service (T) 3:00 Snack Trolley at Concierge- Lobby 4:00 Netflix Series 2: Lupin- Episode 2 (T) 8:00 Toast and Tea with Concierge- Bistro	10:30 Exercises with Sahil (AR) 11:15 News and Views (B) 2:30 Pool (SL) 3:00 BUS TRIP: Giant Tiger (Sign up required) 4:00 <i>Documentary: Neil Diamond Show from 1980</i>	10:00 Meet the Therapy Horse/Pony (FL) 11:15 Exercises with Sahil (AR) 12:00 Bus Trip: Lunch at Swiss Chalet (sign up and cost required) 2:30 <i>Junk Drawer Detective (AR)</i> 3:00 Ladies Club (AR)	9:30 Falls prevention Exercises (ER) 10:30 Where in the world? (AR) 11:15 News and Views (UL) 2:30 Men's Club (SL) 3:30 Diwali Celebrations with Sahil (AR) 7:00 <i>Movie: Heaven is for Real (T)</i> Bring \$2 for Nachos/Popcorn	10:30 Exercises with Sahil (AR) 11:00 Pool (SL) 2:30 Travelogue to Ireland (T) 3:00 Loonie Bingo (AR) (Please bring \$4) 5:00 Candlelight special dinner (DR)- Please dress up in formals!	8:30 Breakfast Club with Sara (AR) 9:30 Falls Prevention Exercises (ER) 10:30 Hand Massages (S) 2:30 Jenga Tower (SL) 3:00 Happy Hour with Janette (SL) Bring \$3 for 1 Alcoholic Drink 7:00 Rust Valley Restorers Series- Episode 3 (T)	11:00 Shuffleboard (AR) 3:00 Suzie Q sing along virtual (T) 7:00 Euchre/ Card Games (SL) 
12	13	14	15	16	17	18
				(ELMCROFT residents please sign up and cost required)	Wear Pink Today!	

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
11:00 Online Church Service (T) 4:00 Netflix Series 2: Lupin- Episode 3 (T) 8:00 Toast and Tea with Concierge- Bistro	10:30 Exercises with Sahil (AR) 11:15 News and Views (B) 2:30 Jeopardy (AR) 3:00 Bus Trip: Dollarama (Sign up required) 4:00 Movie: <i>The Bean movie</i> (T)	10:30 Exercises with Sahil (AR) 11:15 News and Views (B) 2:00 BUS TRIP: Water bridge Chocolate Factory outlet (Sign up required) 3:30 Movie: <i>The Tall Grass</i> (T)	9:30 Falls prevention Exercises (AR) 2:30 Monthly Birthday Party Celebrations (SL) 4:00 Hand Wax Therapy (AR) 7:00 Wine and Paint with Sahil (AR) Bring \$3 for Special Drink by Sahil	10:30 Exercises with Sahil (AR) 11:15 News and Views (B) 2:30 Travelogue to China (T) 3:00 50-50 Bingo (AR) (Please bring \$5) 4:15 Pool and Snacks (SL)	9:30 Falls Prevention Exercises (ER) 10:30 Hand Massages (S) 1:00 Degan's Hearing Aid Clinic 2:30 Town Hall/Food Committee Meeting (T) 4:00 Trivia with Sahil (SL) 7:00 Rust Valley Restorers Series- Episode 4 (T)	11:00 Table Tennis (AR) 3:00 Suzie Q sing along virtual (T) 7:00 Entertainment with: David 
19	20	21	22	23	24 Wear Yellow Today!	25
11:00 Online Church Service (T) 3:00 Snack Trolley at Concierge in Lobby 4:00 Netflix Series 2: Lupin- Episode 4 (T) 8:00 Toast and Tea with Concierge-Bistro	10:30 Exercises with Sahil (AR) 11:15 News and Views (B) 2:30 Logo's Quiz (AR) 3:00 Bus Trip: Winners (Sign up required) 4:00 Movie: <i>First Love</i> (T)	10:30 Exercises with Sahil (AR) 11:15 News and Views (UL) 2:30 Wordle (L) 3:00 Right Left and Center Game (AR) Bring 75 cents for the game! 6:00 Toronto Distillery District Christmas Market (sign up and cost required)	9:30 Falls prevention Exercises (T) 10:30 Ping Pong Tournament (AR) 2:30 Junk Drawer Detective (AR) 4:00 Hand Wax Therapy (AR) 7:00 Movie: Controlled Chaos- Jeff Dunham (T) Bring \$2 for Nachos/Popcorn	10:30 Coffee Social-(B) 11:15 Exercises with Sahil (T) 2:30 Travelogue to Canada (T) 3:00 50-50 Bingo (AR) (Please bring \$5) 4:15 Pool and Snacks (SL)		
26	27	28	29	30		

ROOM LOCATION LEGEND:

- B-Bistro
- ER-Exercise Room
- T-Theatre
- AR-Activity Room
- SL-Second Floor Lounge/Bar Area
- Library
- Lobby
- UL-Upper Lobby Lounge (Simcoe Street)
- FL- Front Lounge

S- Salon

- Please Sign up for the bus trips in the binder by the mail room.
- Please note the 50-50 bingo's will be raising 50% of the money for Alzheimer's Society.
- Enjoy the Alcoholic drinks for a minimal price and gather for happy hours.
- Tuck Shop opened every Thursday and Friday from **1pm- 3pm**
- Degan's Hearing Aid Clinic on November 24th **1-2pm**
- Durham police Fraud prevention Awareness on November 8th 10am in FL.